

CURRICULUM VITAE

Dr. Herve Ouanezar

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Nationality: French

CONSULTANT ORTHOPAEDIC SURGEON HIP, KNEE & SPORTS MEDICINE

ACADEMIC RANK AND POSITIONS

2024 – Now ORTHOPROCLINIC – DUBAI, UAE

- Consultant Orthopaedic Surgeon – Hip, Knee and Sports Medicine

2022 – 2024 BURJEEL HOSPITAL FOR ADVANCED SURGERY – DUBAI, UAE

- Consultant Orthopaedic Surgeon – Hip, Knee and Sports Medicine

2020 – 2022 DXBONE – BONE AND JOINT EXCELLENCE CENTER – DUBAI, UAE

- Consultant Orthopaedic Surgeon – Hip, Knee and Sports Medicine

2018 – 2020 EMIRATES HOSPITAL GROUP – DUBAI, UAE

- Head of Department Orthopaedic Surgery / Consultant Orthopaedic Surgeon - Hip, Knee and Sports Medicine

2018 – 2020 EMIRATES SPORTSMED - DUBAI, UAE

- Medical Director / Consultant Orthopaedic Surgeon - Hip, Knee and Sports Medicine

POSTGRADUATE TRAINING

2017 – 2018 HOSPITAL FOR SPECIAL SURGERY FIFA MEDICAL CENTRE - NEW YORK, USA

AOSSM USA Sports Medicine Fellow

2016 – 2017 CENTRE ORTHOPEDIQUE SANTY FIFA MEDICAL CENTRE - LYON, FRANCE

Academic Clinical Sports Medicine Fellow

2014 – 2016 CHU HOPITAL EDOUARD HERRIOT PAVILLON T – LYON, FRANCE

Academic Clinical Orthopaedic Fellow

2013 – 2014 ASPETAR SPORTS MEDICINE HOSPITAL FIFA MEDICAL CENTRE - DOHA, QATAR

Shoulder and Sports Medicine Fellow

RESIDENCY TRAINING

Nov 2008 – May 2013 HOSPICES CIVILS DE LYON – LYON, FRANCE

Orthopaedic Surgery & Traumatology Resident

May 2011 – Nov 2011 HOPITAL RAYMOND POINCARE APHP PARIS, FRANCE

Orthopaedic Surgery & Traumatology Resident

EDUCATION

2020 - International Olympic Committee's Diploma in Sports Medicine

2018 - AOSSM Hospital for Special Surgery/Cornell Medical Center Sports Medicine Fellowship

2017 - FIFA Diploma in Football Medicine

2017 - Swiss Confederation Postgraduate Degree: Orthopaedic Surgery & Traumatology

2013 - French National Postgraduate Degree: Orthopaedic Surgery & Traumatology

2014 - French National Degree: Arthroscopy

2014 - Thesis in Medical Science with Honours

2012 - Master's Degree: Anatomy, Imaging & Morphogenesis

2011 - French National Degree: Sports Medicine

2010 - French National Degree: Knee Surgery

2008 - French National Exam: Orthopaedic Surgery & Traumatology, Lyon, FRANCE

2000 – 2008 - Lyon Medical School (Claude Bernard Lyon I University, FRANCE)

MEDICALE LICENSURES

September 2019 - Dubai Healthcare City (**DHCC**) certified as Consultant Orthopaedic Surgeon and Consultant Sports Medicine

November 2018 - Dubai Health Authority (**DHA**) certified as Consultant Orthopaedic Surgeon and Consultant Sports Medicine

September 2017 - Swiss Confederation of Orthopaedic and Trauma Surgery of Musculoskeletal System certified post-grade degree FMH (**MEBEKO**)

November 2014 - **French National Board** of Health certified as Consultant Orthopaedic Surgeon - Arthroscopy and Sports Traumatology

PROFESSIONAL SOCIETY MEMBERSHIPS

SFA - French Arthroscopic Association - Active Member

AOSSM - American Orthopaedic Society for Sports Medicine - Active Member

ESSKA - European Society for Sports Traumatology, Knee Surgery and Arthroscopy

ISAKOS - International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine

AWARDS, GRANT SUPPORT AND HONORS

2023 – **AOSSM The VJSM Blockbuster Award** – “Arthrogenic Muscle Inhibition Following Knee injury or Surgery: Pathophysiology, Classification and Treatment”

2020 - **AOSSM The Cabaud Memorial Award** - “*Lateral Extra-articular Tenodesis Alters Regional Distribution of Contact Stress in the Lateral Knee Compartment under Simulated Pivoting Loads: An In-Vitro Study*”

2019 - **AGA Best Research Paper Award** - “*Epidemiological Evaluation of Meniscal Ramp Lesions in 3214 Anterior Cruciate Ligament-Injured Knees from the SANTI Study Group Database*”- Mannheim, Germany

2019 - **AOSSM T. David Sisk Award** - The Best International Paper - "Validation of a Composite Test for Assessment of Readiness for Return to Sports After Anterior Cruciate Ligament Reconstruction: The K-STARTS Test"

2018 – USA Accredited Sports Medicine Fellowship – HSS, New York USA

2017 - Travelling Fellowship SFA – Korean Knee Society - South Korea

2017 - Grant Servier - International Sports Medicine Fellowship HSS, New York USA

2016 - Grant ISAKOS - 17th International Sports Medicine Fellows Conference - San Diego, USA

2016 - Grant SANTI SCIENCE: Fellowship Centre Orthopédique Santy, Lyon

2015 - Grant EFORT & MEDACTA: Visiting Fellowship Hip Surgery CMC Paris

2014 - International Sports Medicine Fellowship, Aspetar - Doha, QATAR

2013 - "Golden Medal" Resident at Academic Hospital "Hospices Civils de Lyon" FRANCE

2010 - Away Rotation Residency at Academic Hospital "Assistance Publique des Hôpitaux de Paris", FRANCE

PEER-REVIEW ARTICLE PUBLICATION

1 - Piriou P, Peronne E, **Ouanezar H**. Rotational alignment of the femoral component using trochlear navigation during total knee arthroplasty: a dual-center study of 145 cases. *J Arthroplasty*. 2013 Aug;28(7):1107-11.

2 - Pierrard V, **Ouanezar H**, Ben Cheihk A, Denis E, Képénékian G, Fendler JP, Vian E. [A case of pyeloureteritis cystica: a diagnosis to keep in mind]. *Prog Urol*. 2014 Jul;24(9):540-4.

3 - **Ouanezar H**, Franck F, Jacquiel A, Pibarot V, Wegrzyn J. Does computer-assisted surgery influence survivorship of cementless total knee arthroplasty in patients with primary osteoarthritis? A 10-year follow-up study. *Knee Surg Sports Traumatol Arthrosc*. 2016 Nov;24(11):3448-3456.

4 - Franck F, **Ouanezar H**, Jacquiel A, Pibarot V, Wegrzyn J. The predictive factors of secondary patellar resurfacing in computer-assisted total knee arthroplasty. A prospective cohort study. *Int Orthop*. 2017 Sep 9.

5 - Blakeney WG, Thaunat M, **Ouanezar H**, de Campos GC, de Padua VBC, Sonnery-Cottet B. Distal Semimembranosus Tendon Avulsions: Acute Surgical Repair in a Professional Rugby Player. *Orthop J Sports Med*. 2017 Oct 9;5(10):2325967117731102.

6 - **Ouanezar H**, Thaunat M, Saithna A, Fernandes LR, Sonnery-Cottet B. Suture Repair of Full Radial Posterior Lateral Meniscus Tears Using a Central Midline Portal. *Arthrosc Tech*. 2017 Oct 9;6(5):e1801-e1806.

7 - **Ouanezar H**, Blakeney WG, Fernandes LR, Borade A, Latrobe C, Temponi EF, Sonnery-Cottet B. Clinical Outcomes of Single Anteromedial Bundle Biologic Augmentation (SAMBBA) Technique for Anterior Cruciate Ligament Reconstruction with Consideration of Tibial Remnant Size. *Arthroscopy*. 2017 Nov 30. pii: S0749-8063(17)31180-5.

8 - Fernandes LR, **Ouanezar H**, Saithna A, Sonnery-Cottet B. Combined ACL reconstruction and Second fracture fixation fails to abolish anterolateral rotatory instability. *BMJ Case Rep*. 2018 Mar 20;2018. pii: bcr-2018-224457.

9 - **Ouanezar H**, Blakeney WG, Latrobe C, Saithna A, Fernandes LR, Delaloye JR, Thaunat M, Sonnery-Cottet B. The popliteus tendon provides a safe and reliable location for all-inside meniscal repair device placement. *Knee Surg Sports Traumatol Arthrosc*. 2018 Mar 3.

10 - Saithna A, Cavaignac E, Monaco E, Helito CP, **Ouanezar H**, Daggett M, Sonnery-Cottet B. Second Fractures Are Not a Risk Factor for Anterior Cruciate Ligament Reconstruction Failure: Letter to the Editor. *Am J Sports Med*. 2018 Apr;46(5):NP23-NP24.

11 - Blakeney WG, **Ouanezar H**, Rogowski I, Vigne G, Guen ML, Fayard JM, Thaunat M, Chambat P, Sonnery-Cottet B. Validation of a Composite Test for Assessment of Readiness for Return to Sports After Anterior Cruciate Ligament Reconstruction: The K-STARTS Test. *Sports Health*. 2018 Jul 1:1941738118786454.

- 12 - Sonnery-Cottet B, Saithna A, Quelard B, Daggett M, Borade A, **Ouanezar H**, Thaunat M, Blakeney WG. Arthroscopic muscle inhibition after ACL reconstruction: a scoping review of the efficacy of interventions. *Br J Sports Med*. 2018 Sep 7. pii: bjsports-2017-098401.
- 13 - Sonnery-Cottet B, Saithna A, Blakeney WG, **Ouanezar H**, Borade A, Daggett M, Thaunat M, Fayard JM, Romain Delaloye J. Anterolateral Ligament Reconstruction Protects the Repaired Medial Meniscus: A Comparative Study of 383 Anterior Cruciate Ligament Reconstructions from the SANTI Study Group with a Minimum Follow-up of 2 Years. *Am J Sports Med*. 2018 May 1:363546518767659.
- 14 - **Ouanezar H**, Jalaguier T, Franck F, Pibarot V, Bothorel H, Saffarini M, Piton JP. Mid-term outcomes of titanium modular neck femoral stems in revision total hip arthroplasty. *Ann Transl Med*. 2019 Mar;7(5):92.
- 15 - Saithna A, Thaunat M, Delaloye JR, **Ouanezar H**, Fayard JM, Sonnery-Cottet B. Combined ACL and Anterolateral Ligament Reconstruction. *JBJS Essential Surgical Techniques*: January-March 2018 - Volume 8 - Issue 1 - p e2
- 16 - Delaloye JR, Murar J, Sánchez MG, Saithna A, **Ouanezar H**, Thaunat M, Vieira TD, Sonnery-Cottet B. How to Rapidly Abolish Knee Extension Deficit After Injury or Surgery: A Practice-Changing Video Pearl From the Scientific Anterior Cruciate Ligament Network International (SANTI) Study Group. *Arthrosc Tech*. 2018 May 7;7(6):e601-e605.
- 17 - Rosenstiel N, Praz C, **Ouanezar H**, Saithna A, Fournier Y, Hager JP, Thaunat M, Sonnery-Cottet B. Combined Anterior Cruciate and Anterolateral Ligament Reconstruction in the Professional Athlete: Clinical Outcomes From the Scientific Anterior Cruciate Ligament Network International Study Group in a Series of 70 Patients With a Minimum Follow-Up of 2 Years. *Arthroscopy*. 2019 Mar;35(3):885-892.
- 18 - Sonnery-Cottet B, Vieira TD, **Ouanezar H**. Anterolateral Ligament of the Knee: Diagnosis, Indications, Technique, Outcomes. *Arthroscopy*. 2019 Feb;35(2):302-303.
- 19 - Delaloye JR, Murar J, Vieira TD, Saithna A, Barth J, **Ouanezar H**, Sonnery-Cottet B. Combined Anterior Cruciate Ligament Repair and Anterolateral Ligament Reconstruction. *Arthrosc Tech*. 2018 Dec 10;8(1):e23-e29.
- 20 - Sonnery-Cottet B, Praz C, Rosenstiel N, Blakeney WG, **Ouanezar H**, Kandhari V, Vieira TD, Saithna A. Epidemiological Evaluation of Meniscal Ramp Lesions in 3214 Anterior Cruciate Ligament-Injured Knees From the SANTI Study Group Database: A Risk Factor Analysis and Study of Secondary Meniscectomy Rates Following 769 Ramp Repairs. *Am J Sports Med*. 2018 Nov;46(13):3189-3197.
- 21 - Kandhari V, Vieira TD, **Ouanezar H**, Praz C, Rosenstiel N, Pioger C, Franck F, Saithna A, Sonnery-Cottet B. Clinical Outcomes of Arthroscopic Primary Anterior Cruciate Ligament Repair: A Systematic Review from the Scientific Anterior Cruciate Ligament Network International Study Group. *Arthroscopy*. 2020 Feb;36(2):594-612.
- 22 - Scientific Anterior Cruciate Ligament Network International (SANTI) Study Group: Sonnery-Cottet B, Claes S, Blakeney WG, Cavaignac E, Saithna A, Daggett M, Helito CP, Muramatsu K, de Padua VBC, Vieira TD, Canuto S, **Ouanezar H**, Thaunat M. Anterolateral Ligament: Let's Stick to the Facts! *Arthroscopy*. 2018 Aug;34(8):2259-2262.
- 23 - Sappey-Marinié E, Sonnery-Cottet B, O'Loughlin P, **Ouanezar H**, Reina Fernandes L, Kouevidjin B, Thaunat M. Clinical Outcomes and Predictive Factors for Failure With Isolated MPFL Reconstruction for Recurrent Patellar Instability: A Series of 211 Reconstructions With a Minimum Follow-up of 3 Years. *Am J Sports Med*. 2019 May;47(6):1323-1330.
- 24 - Sonnery-Cottet B, Abreu FG, Saithna A, **Ouanezar H**, Fernandes LR, Fayard JM, Bulle S, Pedron O, Chambat P, Boisgard S. Successful Return to Elite Sport After Bilateral Knee Dislocations: A Case Report. *Orthop J Sports Med*. 2019 May 9;7(5):2325967119845017.

25 - Sonnery-Cottet B, **Ouanezar H**, Vieira TD, Freychet B, Daggett M, Clechet J, Saithna A. High Risk of Tunnel Convergence in Combined Anterior Cruciate Ligament Reconstruction and Lateral Extra-articular Tenodesis: Letter to the Editor. *Am J Sports Med.* 2019 Oct;47(12):NP67-NP68.

26 - Vieira TD, Blakeney WG, Canuto S, Cavaignac E, Claes S, Daggett M, Helito CP, Muramatsu K, de Padua VBC, **Ouanezar H**, Saithna A, Sonnery-Cottet B. Effect of Meniscal Ramp Lesion Repair on Knee Kinematics, Bony Contact Forces, and In Situ Forces in the Anterior Cruciate Ligament: Letter to Editor. *Am J Sports Med.* 2020 Feb;48(2):NP23-NP25.

27 - Marom N, Ouanezar H, Jahandar H, Zayyad ZA, Fraychineaud T, Hurwit D, Imhauser CW, Wickiewicz TL, Pearle AD, Nawabi DH. Lateral Extra-articular Tenodesis Reduces Anterior Cruciate Ligament Graft Force and Anterior Tibial Translation in Response to Applied Pivoting and Anterior Drawer Loads. *Am J Sports Med.* 2020 Nov;48(13):3183-3193.

28 - Rayes J, **Ouanezar H**, Haidar IM, Ngbilo C, Fradin T, Vieira TD, Freychet B, Sonnery-Cottet B. Revision Anterior Cruciate Ligament Reconstruction Using Bone-Patellar Tendon-Bone Graft Combined With Modified Lemaire Technique Versus Hamstring Graft Combined With Anterolateral Ligament Reconstruction: A Clinical Comparative Matched Study With a Mean Follow-up of 5 Years From The SANTI Study Group. *Am J Sports Med.* 2021 Dec 13:3635465211061123.

29 - Sonnery-Cottet B, Haidar I, Rayes J, Fradin T, Ngbilo C, Vieira TD, Freychet B, **Ouanezar H**, Saithna A. Long-term Graft Rupture Rates After Combined ACL and Anterolateral Ligament Reconstruction Versus Isolated ACL Reconstruction: A Matched-Pair Analysis From the SANTI Study Group. *Am J Sports Med.* 2021 Sep;49(11):2889-2897.

30 - Marom N, Jahandar H, Fraychineaud TJ, Zayyad ZA, **Ouanezar H**, Hurwit D, Zhu A, Wickiewicz TL, Pearle AD, Imhauser CW, Nawabi DH. Lateral Extra-articular Tenodesis Alters Lateral Compartment Contact Mechanics under Simulated Pivoting Maneuvers: An In Vitro Study. *Am J Sports Med.* 2021 Sep;49(11):2898-2907.

31 - Hopper GP, Gousopoulos L, **Ouanezar H**, Walch A, Dijoud F, Vieira TD, Helito CP, Sonnery-Cottet B. Technique for Surgical Dissection and Histological Investigation of the Anterolateral Ligament in the Fetal Knee. *Arthrosc Tech.* 2023 May 8;12(6):e837-e841.

32 - Marom N, Amirtharaj MJ, Jahandar H, Shamritsky DZ, Tao MA, **Ouanezar H**, Nawabi DH, Wickiewicz TL, Imhauser CW, Pearle AD. Compressive force and valgus torque are the predominant applied loads during the pivot shift exam: An in vitro study. *Knee Surg Sports Traumatol Arthrosc.* 2024 Nov 7.

ACADEMIC

2014 - 2016 Academic Clinical & Research Fellow in Orthopaedic Surgery

Musculoskeletal Anatomy, Orthopaedic, Sports Medicine and Trauma Surgery Courses at Lyon Medical School.

BOOK CHAPTER

H. Ouanezar M.D., S. Turcan, A. Ranawat - The Role of Osteotomy in the Multiple Ligament Injured Knee - M.D. Springer 2019

REVIEWER ACTIVITIES

Reviewer (Active)

- American Journal of Sports Medicine (AJSM)
- Orthopaedic & Traumatology: Surgery & Research (OTSR)
- Orthopaedic Journal of Sports Medicine (OJSM)
- Journal of Knee Surgery (JKS)

RESEARCH PROJECTS AND INTERESTS

Major research interests currently are focused on **Knee Surgery, Knee Arthroscopy, Meniscus Injuries, ACL Injuries, ACL reconstruction, Custom Made Total Knee Arthroplasty** and **Total Hip Replacement**

LANGUAGES

French, English